

## Benefits of choosing MethylPro® over other brands:

- No prescription needed
- Professional strength L-methylfolate at a fraction of the cost
- Same active ingredient found in Deplin® and other pharmaceutical-grade L-methylfolate supplements
- Superior quality and purity
- Verified by independent, third-party testing
- No excipients, dyes, or fillers
- Hypoallergenic: no soy, dairy, gluten, nuts, or eggs
- No plastic contaminants (packaged in amber glass bottles)
- Multiple dosing options
- Convenient auto-ship for ease of compliance
- Different MethylPro® formulas to meet your needs

Fold



Fold

# METHYLPRO®

PROFESSIONAL STRENGTH L-METHYLFOLATE

## Why MethylPro® is the leading L-methylfolate nutraceutical brand

## About Us

For over three decades MethylPro's parent company, Metabolic Maintenance®, has been steadfast in producing pure, high quality, preservative-free products with no added excipients, fillers or binders. Our products are manufactured per the highest standards with only the most conscientious sourcing of ingredients.

Metabolic Maintenance® was the first nutraceutical company to carry high-dose L-methylfolate and we quickly learned that much of our demand was coming from psychiatrists. The overwhelming feedback from these doctors was that they needed a more affordable, convenient, and direct-to-consumer L-methylfolate supplement for their patients. Our response was the creation of the MethylPro® line.

  
PROFESSIONAL STRENGTH L-METHYLFOLATE

MethylPro.com  
888.242.5327



# A Comparison



vs

Deplin®

- No prescription needed
- Flexibility in various strengths and formulas
- Same active ingredient
- Can be purchased direct by patient
- Fraction of the cost

- Prescription needed
- Only one formula
- Multiple ingredients with fillers and binders
- Not always covered by insurance
- 3x the cost

## The ingredient list for MethylPro's 15 mg L-methylfolate includes:

- L-5-methylfolate, calcium salt
- Glycine
- Vegetarian capsule

Silicified Microcrystalline Cellulose, Algae-S Powder [Schizochytrium Algal Oil (vegetable source), Glucose Syrup Solids, Mannitol, Sodium Caseinate (milk), Soy Protein, High Oleic Sunflower Oil, 2% or less Sodium Ascorbate, Tricalcium Phosphate, Tetrasodium Diphosphate, Natural Flavors, Soy Lecithin and Mixed Tocopherols and Ascorbyl Palmitate], Pullulan, L-methylfolate calcium, Titanium Dioxide (color), Magnesium Stearate, FD&C Yellow#6, FD&C Red#40, Propylene Glycol, Sodium Hydroxide, Povidone, Shellac.

**Contains Dairy, Soy, Fillers, Binders and Excipients!**

Deplin® is a registered trademark of Alfasigma USA, Inc.



# More Options

MethylPro® has three distinct formulas and multiple strengths to choose from.



## L-Methylfolate

Support Positive Mood and Emotional Well Being  
2.5, 5, 7.5, 10, 15 mg



## B-Complex + L-Methylfolate

Support Positive Mood and Nourish Overall Energy  
5, 10, 15 mg



## L-Methylfolate + Cofactors

Support Positive Mood and Soothe Feelings of Stress  
10, 15 mg

# Questions & Answers

**Q:** Why can I buy this without a prescription?

**A:** Our L-methylfolate is classified as a nutritional supplement and can be purchased over-the-counter. A purchase of L-methylfolate that requires a prescription means the product is classified as a medical food, however, the active ingredient remains the same.

**Q:** Is L-methylfolate addictive/habit forming?

**A:** No, L-methylfolate is not habit forming or addictive.

**Q:** How do I know what dose to take?

**A:** You should consult a healthcare professional when starting any new nutritional, diet or exercise regimen.

**Q:** What are the side effects?

**A:** Very few side effects have been noted in those supplementing with L-methylfolate. Those few that do experience side effects tend to notice feelings of irritability or restlessness. These symptoms subside at a lower dose or on discontinuation of the supplement.

**Q:** What else is L-methylfolate called?

**A:** Terms often used for L-methylfolate are: methylfolate, L-MTHF, 5-MTHF, 5-methylfolate, L-5-MTHF, L-5-methyltetrahydrofolate.

Pharmaceutical brands include: Deplin®, Enlyte®, Extrafolate®, Metafolin®, and Metanx®.

**Q:** How do I know if I need L-methylfolate?

**A:** Folate is a necessary vitamin for everyone and L-methylfolate is the biologically active form. Your needs may be further influenced by genetics or by health history. Your doctor may use genetic testing along with other tests such as homocysteine levels and your health history to determine your specific need.